1st February, 2024

Dear Parents,

Parents' Talk on LEVEL UP of Good Lifestyle

The school will hold a parent talk called "Parents' Talk on Level Up of Good Lifestyle". Understanding the dual pressures that parents face in terms of work and discipline, it is easy to lose a sense of being calm and the ability of self-evaluation which results in unconsciously transferring the stress onto children. Therefore, by participating in this parents' talk, parents can gain direction in stress reduction and improve parent-child relationships. Details of the event are as follows:

Activity Name	Parents' Talk on LEVEL UP of Good Lifestyle		
Date and Time	20 th February, 2024 (Tuesday) 09:00—10:30 a.m.		
Language used in the event	Cantonese		
Target Group	Parents of P.1 – P.6 Students		
Quota	70 persons		
Venue	Activity Room on the Ground Floor		
Remarks	 Please arrive at the activity venue on time to avoid missing the critical guidance and experience. If the number of participants enrolled has exceeded the quota, the applicants will be decided by drawing lots by the representatives of school and PTA. Regardless of whether you are selected or not, the results will be notified individually. If there is any revision to the event, the school has the final decision-making authority. School will take photos, videos and interviews during the event. Please be reminded that participants' images (including videos and photos) and sounds may be used for educational purposes and publicity, and may appear on different media, including our school website and social platforms, or publications, etc. If parents are absent without reason, the chance of participating in PTA activities may be affected in the future.) 		

1 7 1		ary, 2024 (Monday). For enquiries, please contact nts who attend the event can get ONE credit point	
• /		Ms. HUANG Jianqing	
××	9	Chairperson of Parent Teacher Association	
	د	2023/24 家長教師會通告第 E037 號	
<u>. F</u>	REPLY	<u>SLIP</u>	
Dear Ms. HUANG,			
Parents' Talk on L	EVEL	UP of Good Lifestyle	
I have read through Type-PTA Notice, No.	E037 a	nd understand the corresponding content.	
I *□ am willing to attend the Parents' Talk on LEVEL UP of Good Lifestyle.			
* am unable to attend the above worksho	op.	·	
*Please put a "✓" where appropriate.	•		
Class: ()	Parent Signature:	
Contact number:	<u> </u>	Parent Name:	
Date: of February, 2024			

DISCLAIMER: The English version is a translation of the original in Chinese for information purposes only. In case of any discrepancy, the Chinese original is reserved as official interpretation of the school (applied to all e-notices / parent notifications in English).