

2023/24 甲類通告第 E035 號

18<sup>th</sup> January, 2024

Dear Parents,

**Precautions for the 2023/24 Winter Influenza Season in Hong Kong**

The local seasonal influenza activity continued to increase. Hong Kong has entered the 2023/24 winter influenza season. We should heighten vigilance and take proper personal protection measures against influenza and other respiratory infections. **If children have symptoms of fever, regardless of presence of respiratory symptoms, should not be allowed to attend school.** The school will check the body temperature of all students every day during this influenza season when they arrive at school so as to identify students with fever.

Then Centre for Health Protection suggests taking the following measures of precaution:

- Maintain hand hygiene, avoid touching one's eyes, mouth and nose;
- Wash hands with liquid soap and water properly whenever possibly contaminated;
- Cover the nose and mouth with tissue paper when sneezing or coughing. Dispose of soiled tissue paper properly into a lidded rubbish bin, and wash hands thoroughly afterwards;
- Maintain good indoor ventilation;
- It is important to wear a mask properly, including performing hand hygiene before wearing and after removing a mask;
- When having respiratory symptoms, wear a surgical mask, refrain from attending classes at school, avoid going to crowded places and seek medical advice promptly;
- Wear a surgical mask when getting into contact with persons with fever or respiratory symptoms;
- The public should also wear a surgical mask when taking public transportation or staying at crowded places;
- High risk persons should wear a surgical mask when visiting public place; and
- Build up good body immunity by having a balanced diet, exercise regularly, take adequate rest, do not smoke and avoid overstress.

If the number of infected individual increases, the school will notify the Centre for Health Protection in order to initiate epidemiological investigations and implement appropriate control measures as soon as possible.

Ms. CHENG Yuk Ching  
Headmistress

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**REPLY SLIP**

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Dear Ms. CHENG,

**Precautions for the 2023/24 Winter Influenza Season in Hong Kong**

I have read through Type-A Notice, No. E035 and understood the corresponding content.

Class: \_\_\_\_\_ Name: \_\_\_\_\_ ( ) Parent Signature: \_\_\_\_\_

Contact Number: \_\_\_\_\_ Parent Name: \_\_\_\_\_

Date: \_\_\_\_\_ of January, 2024

DISCLAIMER: The English version is a translation of the original in Chinese for information purposes only. In case of any discrepancy, the Chinese original is reserved as official interpretation of the school (applied to all e-notices / parent notifications in English).

[Teacher-in-charge: Ms. CHEUNG Po-ching, the senior teacher.]